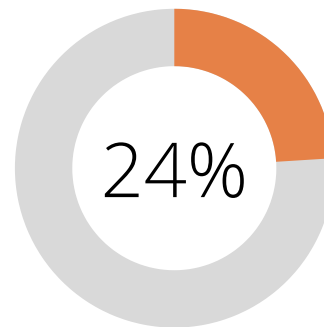


KITTITAS COUNTY 8TH GRADERS In Your Classroom

In a class of 25



Has no after-school activities	12	
Sleeps < 8 hours a night	11	
Felt depressed in the last 12 months	8	
Overweight or Obese	7	
Was a victim of bullying Last 30 days	6	
In a physical fight in the last 12 months	4	
Doesn't feel safe at school	4	
Has seriously considered suicide	4	
Skipped school in the last 4 weeks at least 1 full day or more	3	
No or very low hope	2	
Drinks Alcohol last 30 days	2	
Used E-cig, JUUL, or Vape Pen Last 30 days	1	
Carried a weapon at school last 30 days	1	
Smokes marijuana in last 30 days	<1	
Chews Tobaccco	0	



Roughly 24% of 8th graders reported being bullied in the past month

Questions?

(509) 962-7515 | publichealth@co.kittitas.wa.us | www.co.kittitas.wa.us/health